



BELFAST LIONS COMMUNITY NEWSLETTER

October 2017



Current and older newsletters are available on-line at www.BelfastLionsNewsletter.com

The Deuce is Loose!

Come join your neighbors every Tuesday at the Belfast Rec Centre for our local fundraiser and progressive lottery. Ticket sales and kitchen/bar opens at 6:00 pm, trivia with prizes starts at 7:30 pm. Advance tickets available at Cooper's.

Macphail Homestead:

The Sir Andrew Macphail Homestead will be hosting the following seasonal celebrations and lectures:

Thanksgiving Dinner: with turkey and all the traditional trimmings as well as starter, dessert and beverage for \$30 per person. Children under 16 pay \$15. A group of four will cost \$100. There will be two events: Saturday, Oct 7th at 5:30pm and Sunday, Oct 8th at 1:30pm.

McRobie Lecture: "When Did 'Farm' become a Four-Letter Word: A History of Sustainable Agriculture in PEI" by Wayne MacKinnon @ 6pm. There will be a cash bar available. Suggested donation \$10.

The Café is now closed but tea and desserts will still be available on Wed - Friday for the month of October. Come to the Homestead grounds and walk the trails, see the sunflowers, and the leaves changing colour. It's a beautiful time of year at the Homestead.

Heritage - it's in our nature. Tel: (902) 651-2789 or email macphailhomestead@gmail.com to contact Angela Jeffrey.

FIRE PREVENTION WEEK OCTOBER 8th - 14th 2017:

Seconds can mean the difference between a safe escape or tragedy. This year's theme, "Every Second Counts: Plan 2 Ways Out" puts an important emphasis on why everyone needs to have an escape plan.

- Draw a map of the home with all household members, making two exits from each room and a path to the outside from each exit.
- Practice a home fire drill twice a year. Conduct one at night and one during the day with everyone in the home and practice using different ways out.
- Teach children how to escape on their own in case adults can't help them.
- Make sure the civic number is clearly visible, preferably double-sided signs, so the fire department can find you.
- Close doors behind you as you leave – this may slow the spread of smoke, heat and fire.
- Once you get outside, stay outside. Never go back inside a burning building.

NOW IS A GOOD TIME TO CLEAN YOUR FLU!

Selkirk Scottish Heritage Centre Croft House Site:

The Croft House is back in operation after our winter flood. You'll find a lot of changes with the centre post removed, new ceiling and floor and a whole new look to the Wee Gift Shop. We have many new items from jewelry to books, Scottish T-shirts and a whole new cabinet loaded with 50% off items.

Belfast Consolidated School:

We are off to a great start at the school this year! Although the projected numbers for our school were for 97 students, we currently have 104. We would like to welcome new staff, Michelle Van Colen (Vice-Principal and grade 1 teacher), Greg Anderson (counsellor and 7-9 health teacher), Lyndsey Flynn (day custodian), Jamie Nicholson (bus driver), Karla Carnegie-MacDonald (Itinerant EA), and Dawn MacIsaac (Itinerant Teacher, English as an Additional Language).

We are currently running our magazine and gift fundraising campaign for the school. It is an opportunity for the community to buy magazines, and also Christmas gifts. 1. The webpage to register is: <https://www.qsp.ca/>. 2. Then click on "supporters". 3. The next page you can enter our school code which is "3730090". 4. You can pick a student, or skip this step. Any support would be great appreciated!

A special thank you to the Save Our Schools group who donated \$6600 to our school for new Chromebooks and LCD projectors! This donation has provided students and staff with an ideal situation in the class, when doing research online. With our new wireless internet system, our technology is second to none!

Mt. Buchanan/Point Prim Women's Institute also donated 15 new soccer balls to our PE program. The students are really enjoying playing soccer with the new equipment.

Mr. John Munro Principal Belfast Consolidated School

Wood Islands Welcome Centre:

Mock rescue exercise from Wood Islands Lighthouse and Museum this Saturday, September 30 at noon. Come out and show your appreciation for our first responders. Weather permitting. For info, call Bev at 902 962-3110.

Wood Islands Lighthouse and Museum: open daily for the season 9:30am to 6:00pm. Last tour at 5:30. (902) 962-3110.

Lighthouse Manager Bev is accepting gently used, fun, cute, attractive, very marketable items for our new "Seconds by the Sea" store in the Range Light— 100% of the proceeds go to painting the Lighthouse. (902) 962-3463.

Wood Islands Liquor Store Agency and Commissary is open for summer hours: 7 days a week Monday through Saturday 9 - 7 and Sunday 12 - 6. Community owned and operated. Declare us YOUR liquor store. (902) 962-3978.

Wood Islands Community Room Rentals (above Visitor Information Centre) Visit www.woodislands.ca for rates. Neutrally decorated, versatile, very clean. Seats 80. Great kitchen facilities. New projector and screen. Elevator lift to second floor. Book your fall program dates soon. Phone (902) 962-3761 or email wiadc@woodislands.ca.

Belfast Senior's Club:

* Regular meetings for the Belfast Millennium Club (50+) are 3rd Wednesday monthly at Rec Centre from 2-4 pm.

* Looking for new members 50+.

* Contact Eleanore at 902-659-2333 for more information.

Camp Buchan Fundraiser:

At the entrance to Camp Buchan we have set up a shelter to store your recyclable containers if you like to help with camp fundraiser.

At this shelter you can drop off your recyclable metal/plastic pop containers and other beverage containers, funds raised go to help with camp upkeep and repairs.

Appreciate if you would remove the caps and rinse out the containers, helps a lot when getting them ready for the bottle depot.

Thank you for your support with our fundraiser!

Rural Action Centre:

Are you looking to start a new business? Are you an existing business looking to expand? A community group looking for assistance? Drop by and see how we can help.

Montague Client Information Officer: Chantale Ansems

540 Main Street, Montague, PE, C0A 1R0

Phone: (902) 838-4030 ext. 221 Toll free: 1-855-297-989

Taoist Tai Chi Arts in Wood Islands:

Promoting the health-improving benefits of Taoist Tai Chi, Beginner Instruction Classes will again be offered at the Wood Islands Welcome Centre, at 13056 Shore Road (Route 4), starting on Tuesday, September 5th at 6:30 pm. Classes would run from 6:30 pm to 8:30 pm, as we agree, one night a week, for approximately fourteen weeks. If you cannot make the first few classes, just come join us any Tuesday, as you are welcome to start any time.

Aiming to cultivate strength and flexibility, Taoist Tai Chi contributes to being able to walk more confidently and with improved balance, reducing the risk of falls. Its meditative nature is calming and relaxing in and of itself and contributes to improving one's cognitive capacity. As we begin, Taoist Tai Chi instruction is set out in a learning environment where everyone can easily participate, regardless of age or physical ability.

There is a diverse range of people whose health and lives have been improved with the *Taoist Tai Chi arts*, and you can visit www.taoist.org to learn more of the rewards of participation. If you are thinking about trying out a unique form of relaxed exercise and quiet meditation, or have any questions, please do not hesitate to call or leave a message for Kevin or Pat at 902-962-3164.

If you are first interested in finding out what Taoist Tai Chi is about come along to the Wood Islands Welcome Centre, on any Tuesday evening. As all-volunteer instructors, focused on the health benefits, we invite you to experience any one of our classes for yourself.

Introduction to Pilates:

Starting September 13th at 6:10 PM at St John's Church. Focus is Core Strengthening, Flexibility and Stability of the joints. Safe and effective for any level! Price is 55\$ for 7 weeks. Class is every Wednesday evening. Please contact Kathleen MacPhee, space is limited! **Pre-registration is required.**

- kathleengmacphee@gmail.com
- 902-940-3044
- Revive Pilates on Facebook

Standing Spruce Available:

Standing spruce available for firewood, posts, etc. in Point Prim. Contact mcdonald.waldron@gmail.com

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* Steel prices recovered slightly. Call us regarding derelict vehicles, scrap metal and old machinery. Free drop off for white goods, etc, etc.

Point Prim Lighthouse

2147 Point Prim Road, Belfast, PE C0A 1A0

pointprimlighthouse@gmail.com

www.pointprimlighthouse.com

FaceBook: Point Prim Lighthouse / 902-659-2768

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Newsletter Information & Guidelines:

For all ads, submissions and ideas, please use ONLY belfastnewsletter@outlook.com.

Community service announcements are included at no charge and should generally be limited to a maximum of a quarter page (~30 lines / 300 words). Larger community notices may be included if space permits.

** The Belfast Lions Newsletter is a community service of the Belfast Lions Club. Content or opinions expressed in the newsletter are not necessarily those of the Belfast Lions Club, the Editor, Advertisers or associated organizations. We reserve the right to edit for content, length, size and/or to choose not to accept a submission without prejudice.*

DEADLINE:

Deadline for the next newsletter is October 20th, 2017 at 6 pm

Email: belfastnewsletter@outlook.com.

